

**MUNICIPALITY OF AGHII ANARGIRI KAMATERO**  
**DEPARTMENT OF SOCIAL POLICY**



**Mental health in the local authority: legislation & social structures  
on mental health in Greece.**

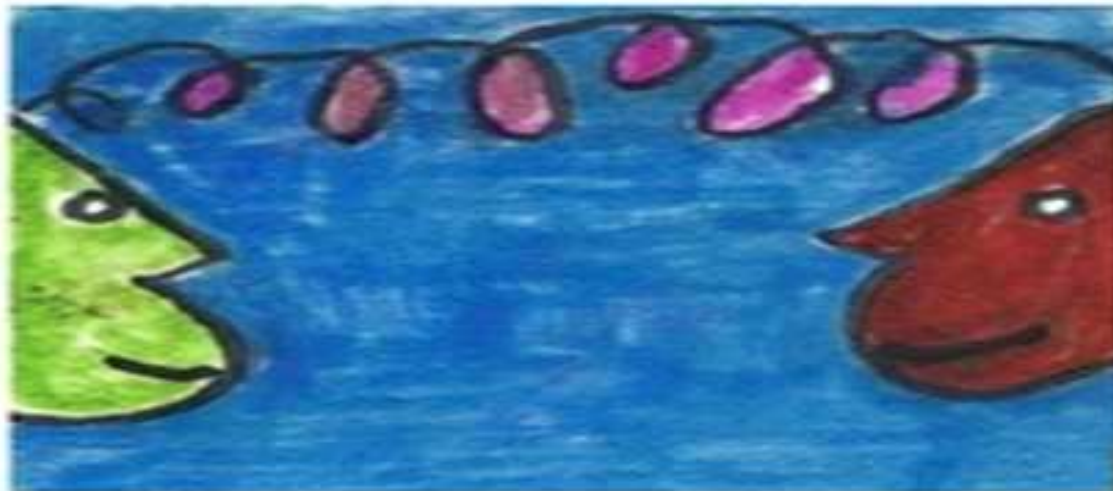
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# Legislation in Greece



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## EEC (European Economic Community) Regulation 815/84

«De-institutionalization program» was the beginning in order to abolish the psychiatric closed care communities .

According to this Program, for the period 1984-1995:

-260 new structures were developed, such as Mental Health Centres, Psychiatric Departments in General Hospitals, Day Hospitals, Rehabilitation Laboratories, hostels, boarding schools and other services.

## **“PSYCHARGOS” Reform on Psychiatric Sector**

**“PSYCHARGOS” Psychiatric Reform Program is a National Plan in order to change the way mental health services are provided. The main purpose was to relocate the centre of attention from the provided internal immune-type treatment towards the open care centers in the community.**

## **"PSYCHARGOS" Reform in the Psychiatric Sector**

**Phase 1. (2000-2001)** – Continuing the process of deinstitutionalization of patients who are hospitalized in the major public psychiatric hospitals of Greece.

**Phase 2. (2002 – 2009)** – Organization of 467 new structures, including 34 Centres for mental health, 31 Psychiatric Departments in General Hospitals, 146 units for vocational rehabilitation, 227 living accommodation structures, boarding houses, supporting apartments.

**Phase 3. (2010-2020)** – Preparation of the National Action Plan "PsychArgos 3" in three pillars of action.

1. Planning of actions for the development of community structures.
2. Design actions to promote the mental health of the general population and the prevention of mental health.
3. Organization of the psychiatric care system, the research and training activities of the staff.

## Law 2716/1999 :

This law is the base of “PSYCHARGOS” Reform Program and according to its provisions:

- the incarceration in closed -care institutions is abolished and structures that provide open psychiatric care are created. More specifically sectors of mental health care are established as we saw before.
- Members of Social co operatives gain the profits without losing the right to the welfare allowance.
- Special centers of social re- integration and professional rehabilitation for adults, adolescents and children are created.

## **law 74/B 29/01/2007**

It is about the legal framework that concerns the establishment and the function of Assisted Accommodation for people with mental disabilities.

### **-Law 4019/11 article 10**

-Social Co- Operatives are being established as agents of Social Economy.

-People with Disabilities that participate in training programs or are being occupied in Social Co operatives and at the same time they obtain social welfare they can continue to receive all the provisions.

### **-Law 4021/2011**

It concerns adjustments of the low rate of the real estate fee for people with mental disability, Down syndrome, autism and cerebral palsy with a disability percentage of 67%.

## **Law 4025/2011:**

**The Disability Certifying Centers ( D.C.C) are being established.**

According to the provisions of the Law, those who are interested in obtaining welfare financial aids are obligatory examined by the D.C.C. In order to obtain a welfare allowance they should have a disability percentage of at least 67%.

## **Law 4430/16 (article 74)**

It refers to Social Economy and Social solidarity .

There are also provisions that concern the occupation of people with disability of 50% and more: employers are given extra credit when they employ people from this vulnerable group.



**As regard as the structures that issue the allowances about beneficiaries without insurance :**

**Law 2218/1994 :** Establishing Departments of Social Protection in the Prefectures having the responsibility of issuing welfare allowances, including severe disability of mentally ill .

**Law 3482/10 :** Kallikratis reformation: Municipalities take up the responsibility of welfare allowances.

**Law 57(issue B´ 18/1/2018)** For the first time a new digital pilot program starts in the municipalities for the residents of Prefecture of Attika. It concerns granting welfare allowances to disabled people and especially those who are interested in taking the financial aid for the first time.

## **Discount in Municipal Taxes**

In the Municipality of Aghii Anargiri Kamatero the Municipal Board has decided to fully exempt from Municipal taxes disabled people with more than 67% of disability and family income up to 14.400 euros. Respectively when the incomes are higher there's a reduction of 50%.

## **Social Household Bill for the Electric power**

For those who have a disability of 67% and more or they have under their protection a member with such a disability and their family income is less than the personal tax free limit, they have a reduction of 20% in their electricity household bill.

## **More provisions**

- Providing a parking space for people with disabilities
- 50% discount on bus tickets ( for those with disability over 67%)



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# Structures for mental health



## Sismanoglio” Hospital – Hostel “Ξένιος Φλυεύς”

The hostels were created in the framework of Psychiatric reform. They are housing structures for people with chronic mental illnesses and they are supervised by a general hospital. Their goal is to provide comprehensive treatment so that after a period of time the guests can achieve a more independent living in the community. So the hostel operates as an opencare home to the community.



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
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ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ ΑΤΤΙΚΗΣ ΣΙΣΜΑΝΟΓΛΕΙΟ - ΑΜΑΛΙΑ ΦΛΕΜΙΓΚ Ν.Π.Δ.





## Sismanoglio” Hospital – Hostel “Ξένιος Φλυεύς”

### Offering services

- psychiatric follow up , Medication
- nursing assessment and care
- individual and group psychological support
- training in daily living skills
- social support
- occupational therapy
- support for creative employment training / education and work
- counselling and support for the family
- Interconnection with community services
- continuing monitoring for residents who live in the community on an external basis



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## The Centre for Mental Health of Aghii Anargyroi



The Center for Mental Health of Aghii Anargyroi is a decentralized mental health unit of the Attica Psychiatric Hospital “Dafni”, which is now situated in a neighborhood area of Nea Filadelfia ( 125, Thessaloniki 125 Street).

The aim of the Centre is to prevent and treat mental health problems through a holistic approach close to the person's place of residence

## The Centre for Mental Health of Aghioi Anargyroi

The centre includes

- An Adult unit
- A Pediatric unit for children and adolescents up to 18 years.
- Open Psychosocial Care Department for adults
- Open Care Centre for adults with mental disorders who are followed up by Hospital.





## Mental Health Center of the University Research Institute for Mental Health (EPIPSI)



The Mental Health Center provides services for adults and adolescents who have a mental health problem. Also community programs are designed and implemented to prevent, detect and treat mental health problems.



Διάγνωση & Θεραπεία  
Παιδιά • Έφηβοι • Ενήλικοι

## Offering services

- Psychiatric diagnosis, **systematic** monitoring and therapeutic-pharmaceutical treatment
- Psychotherapeutic interventions in individuals and groups.
- Psychological support
- Psychosocial support and rehabilitation
- Intervention in the crisis
- Home visits, where necessary



## Vocational training center

-Design and implementation of training programs aiming at working and unemployed professionals from the social and health sector.



## Vocational training and rehabilitation

Provision of psychiatric and psychosocial rehabilitation services in the context of the biopsychosocial approach.

Vocational education and specialization through Workshops (Patient force: 70 people in a 5-hour daily training program).



## Research

Laboratories and Research Units that cover a broad spectrum of **psychiatric** space and neurosciences with emphasis on the role of biological, environmental and other factors in the occurrence of psychiatric disorders.







100



100

**CONCLUSIONS**

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www.astrazeneca.it

## The Foundation " THEOTOKOS"



«THEOTOKOS» foundation is a non-profit organization which was established in 1954. It provides specialized education and treatment services to

- preschool children aged 2.5-5 years (early intervention program)
- adolescents from 14 to 20 years of age with developmental immaturity, cognitive disorders and autism spectrum disorders.
- Vocational training and job rehabilitation to young adults aged 20-35
- supporting their family environment and intervene when it is necessary.



The Foundation provides a set of services for occupational education such as :

**Pre-occupational and occupational training** for adolescents from 14 to 20 years old.

**Centre for Occupational Preparation and promotion to the labour market.**

The program concerns young people from 19 to 35 who are graduates of the Foundation's workshops. The aim of the program is to prepare young people for social inclusion and to promote to labour market.

**Work Placement " Work – Value "**

The main purpose of program is to support youths in order to find and maintain the job they desire.





## The Care Center "ERGASTIRI - Lilian Voudouri"

The center provides its services to 100 young people over 17 years old with a medium and light mental disorder.

Offering services:

- strengthen socially acceptable attitudes,
- Providing specific vocational knowledge,
- Cultivating daily life habits (hygiene - self-service, etc.)
- Accompanying Support Services
- Protected Production Laboratories
- Houses of Supported Living,
- Awareness actions

ΣΥΛΛΟΓΟΣ ΓΟΝΕΩΝ ΚΗΔΕΜΟΝΩΝ ΚΑΙ ΦΙΛΩΝ  
ΑΤΟΜΩΝ ΜΕ ΕΙΔΙΚΕΣ ΑΝΑΓΚΕΣ



## Vocational education

- Participate in training programs in order for the beneficiaries to respond to a possible employment integration
- Supportive programs that help them acquire social skills.
- vocational pre training and training programs targeting young people aged over 17 from all over Attica region.

ΒΥΛΛΟΓΟΣ ΓΟΝΕΩΝ ΚΗΔΕΜΟΝΩΝ ΚΑΙ ΦΙΛΩΝ  
ΑΤΟΜΩΝ ΜΕ ΕΙΔΙΚΕΣ ΑΝΑΓΚΕΣ



**Ι ΜΕΤΡΟ**

Χριστουγεννιάτικο  
ΠΑΝΗΓΥΡΙ ΤΗΣ ΑΓΑΠΗΣ

22-23 Δεκεμβρίου, Μετρό Συντάγματος

## Association of Parents and Friends with disabled children “Open hug”

It is a non-profit association created in 2007, and concerns parents and friends with disabled children.

The association offers workshops with social, cultural, sporting and entertainment activities for the members.

These activities are offered to children and young people with mental disorders, autism, down syndrome and other disabilities.



The structure offers various activities such as:

- Education : Seminars and speeches of social and medical content.
- Art : Dance, theatre, painting, handicraft, constructions, music-kinetics.
- Sports : Athletics, swimming, chess, basketball, soccer 5x5, cycling, table tennis,
- Voluntary action
- Entertainment : excursions, visits to archaeological sites, zoo, theatrical performances, cinemas.
- Camps in the sea or on the mountain, social tourism.





## Social Cooperative Activities for Vulnerable Groups - KSDEO "EDRA



Social Cooperative Activities for Vulnerable Groups - KSDEO "EDRA" is a non-profit civil society (KINSEP), active in the field of Health (Vulnerable Social Groups, Child and Family, Mental Health, Mental Disability, etc.) since 2001. The main aim is the promotion of mental health, defending the rights of vulnerable groups and informing and raising the awareness of the general public on mental health issues.



## Fields of Activity:

- **Mental Health Services**, as part of the Psychiatric Reform Program “PSYCHARGOS”

2 Boarding Houses

2 Protected Rehabilitation Apartments

- **Child and family**

8 Psycho-pedagogical Centers for Children with Learning Disabilities & Parents

Early Intervention Education Center for children





ΚΟΙΝΩΝΙΚΕΣ ΣΥΝΕΤΑΙΡΙΣΤΙΚΕΣ  
ΔΡΑΣΤΗΡΙΟΤΗΤΕΣ ΕΥΠΑΘΩΝ ΟΜΑΔΩΝ

**Center for adults Lifelong Learning.**

**Various actions focusing on Mental Health** (Culture, Athletics for People with Mental Disorders etc)

**European Initiatives for Mental Health,**  
Culture, Education, Women's  
Entrepreneurship



<http://www.psychargos.gov.gr>

